

INFORMED CONSENT

We both understand that only a physician (MD) can diagnose, treat, and prescribe medicines for illness or disease. As an herbalist and not an MD I neither diagnose nor treat disease but recommend herbs, dietary, lifestyle and other modalities to help the body-mind to achieve optimal physical and emotional wellbeing. Any mention to named diseases is referenced as a part of the overall assessment and condition of the patient.

I understand that the human body has the innate power to heal itself. Without this power to self-heal, even the most advanced medications and surgical procedures would ultimately fail. The role of the herbalist in this healing process is to consider the client as a whole person and to suggestions in lifestyle, diet, and supplementation of herbs and/or vitamins to foster an increased state of balance and health with the intention of optimizing the body's self-healing capabilities.

As appropriate and necessary, I encourage and advise clients to seek professional medical advice regarding any illness or disease they are suffering from. Background health information can aid in the process of a holistic, herbal program and therefore can be shared at the time of the herbal consultation. Any concerns about your health and supplementation with herbs or diet should be done in consultation with your doctor.

Please sign below once you have read and understood the above statement:

Name (print)_____ Date: _____

Signature_____